

COCD 1104: INTRODUCTION TO COUNSELLING PSYCHOLOGY

OCTOBER, 2019

Q1

- a. Define community psychology (4marks)
- b. List down FOUR role of counseling in social work (4marks)
- c. Explain three stages in the counseling process (6marks)
- d. Explain the three principles of classical conditioning (6marks)
- e. Differentiate between social learning and social cognition (5marks)
- f. Define the term conflict (3marks)
- g. List four qualities of a good counselor (2marks)

Q2

- a. Explain briefly any four types of organizational change (10)
- b. Explain any four signs of stress in an adult (10)

Q3

- a. Explain the three core conditions as stipulated by Carl Rodgers in the humanistic approach theory (10)
- b. Explain any five ways on how conflicts are solved in an organization (10)

Q4

- a. Explain any five importance of understanding personality in a community as a social worker (10)
- b. Discuss the Maslow's hierarchy of needs in relation to the needs of community (10)

Q5

- a. Explain the attending skills in counseling (10)
- b. Discuss the five steps of the problem solving cycle and how you can apply them in solving a community problem (10)