



The Co-operative University of Kenya

END OF SEMESTER EXAMINATION APRIL -2019

**EXAMINATION FOR THE DEGREE OF BACHELOR OF CO-OPERATIVE &
COMMUNITY DEVELOPMENT**

(YR II SEM I)

UNIT CODE: COCC 2404

UNIT TITLE: YOUTH AND DEVELOPMENT

DATE: 24TH APRIL, 2019

TIME: 9:00 AM – 11:00 AM

INSTRUCTIONS:

- Answer question **ONE (compulsory)** and any other **TWO** questions

QUESTION ONE

- (a) By giving clear examples explain the following terms
- Youth (2 marks)
 - Empowerment (2 marks)
 - Becoming and Belonging (4 marks)
 - Dysfunctional mentoring (4 marks)
- (b) With examples discuss the challenges and opportunities for youth in politics (8 marks)
- (c) A mentor is an individual with expertise who can help develop the career of a mentee. The mentor guides, trains, advises, and promotes the career development of the mentee. In Mentoring there are various stages. Discuss the stages of mentoring (10 marks)

QUESTION TWO

- (a) In Order to strengthen youth participation in the society there is a need “To create an understanding that young people are a diverse group with various needs based on factors such as gender, ethnicity, geographic location and economic development in the countries in which they live. Explain with examples how we can create this understanding (10 marks)
- (b) Discuss the economic returns of investing in the youth (10 marks)

QUESTION THREE

- (a) Discuss the National Youth Empowerment Strategic Plan 2016-2021 (10 marks)
- (b) Positive youth development (PYD) is an approach that guides communities in the way they organize services, supports, and opportunities so all young people can develop to their full potential. Discuss the underlying principles (10 marks)

QUESTION FOUR

- (a) Define the term ‘Youth Culture’ and its components (6 marks)
- (b) Empowering the youth to participate in Nation Building could help address youth disillusionment and bring wider benefits to the society. Discuss (10 marks)

QUESTION FIVE

- (a) Leading is an area of development that centers on positive skills, attitudes and behaviour around civic involvement and personal goal setting. Discuss the benefits of the youth being involved in leadership programmes (10 marks)
- (b) Explain at least THREE theories in youth development (10 marks)