

The Co-operative University of Kenya
END OF SEMESTER EXAMINATION AUGUST-2018

EXAMINATION FOR THE DIPLOMA IN COMMUNITY DEVELOPMENT
(YR I SEM II)

UNIT CODE: COCD 1104

UNIT TITLE: INTRODUCTION TO COUNSELLING PSYCHOLOGY

DATE: 27TH AUGUST, 2018

TIME: 11:30 AM – 1:30 PM

INSTRUCTIONS:

- Answer question **ONE (compulsory)** and any other **TWO** questions

QUESTION ONE

- (a) Define community psychology (4 marks)
- (b) List down FOUR roles of counseling in social work (4 marks)
- (c) Explain the THREE stages in the counseling process (6 marks)
- (d) Explain the THREE principles of classical conditioning (6 marks)
- (e) Differentiate between social learning and social cognition (5 marks)
- (f) Define the term conflict (3 marks)
- (g) List FOUR qualities of a good counselor (2 marks)

QUESTION TWO

- (a) Explain any FIVE importance of understanding personality in a community as a social worker (10 marks)
- (b) Discuss the Maslow's hierarchy of needs in relation to the needs of community (10 marks)

QUESTION THREE

- (a) Explain the THREE core conditions as stipulated by Carl Rodgers in the humanistic approach theory (10 marks)
- (b) Explain any FIVE ways on how conflicts are solved in an organization. (10 marks)

QUESTION FOUR

- (a) Explain briefly and FOUR types of organizational change (10 marks)
- (b) Explain any FOUR signs of stress in an adult (10 marks)

QUESTION FIVE

- (a) Explain the attending skills in counseling (10 marks)
- (b) Discuss the FIVE steps of the problem solving cycle and how you can apply them in solving a community problem (10 marks)