



The Co-operative University College of Kenya
(A Constituent College of Jomo Kenyatta University of Agriculture & Technology)

END OF SEMESTER EXAMINATIONS APRIL - 2015

EXAMINATIONS FOR DIPLOMA IN COMMUNITY DEVELOPMENT

UNIT CODE: COCD 1114

UNIT TITLE: COUNSELLING PSYCHOLOGY

DATE:

TIME:

INSTRUCTIONS:

Answer question **ONE** (**compulsory**) and any other **TWO** questions

QUESTION ONE

- a) What is the meaning of the term psychology (5 Marks)
- b) Name and briefly describe the main approaches to the study of psychology (10 Marks)
- c) Explain the scope of contemporary psychology (10 Marks)

QUESTION TWO

- a) Explain the advantages and disadvantages of interview as a method of psychological research (10 Marks)
- b) Explain the ethical guidelines to psychological research (5 Marks)

QUESTION THREE

- a) Define the term counseling (5 Marks)
- b) Explain the goals of professional counseling (4 Marks)
- c) Identify the categories of people who may benefit from counseling and psychotherapy (6 Marks)

QUESTION FOUR

- a) Explain the structure of personality according to *Sigmud Freud* (9 Marks)
- b) Explain the components of the human mind according to Psycho-Analytic theory (6 Marks)

QUESTION FIVE

- a) Explain the qualities of a good counselor (5 Marks)
- b) Explain the basic principles of the code of this ethics of counseling as a profession (10 Marks)